

Kindergarten “Readiness” Skills

Approaches to Learning

- Engages in play as a way of exploring and learning more about the world around them
- Exhibits curiosity, interest, and a willingness to learn new things
- Demonstrates persistence and creativity when solving problems and engaging in tasks
- Demonstrates the ability to sit quietly and listen (for example during a story)
- Follows simple directions (2-3 step)

Physical Development and Health

- Uses different tools to write (pencils, markers, crayons, chalk, etc)
- Cuts with Scissors
- Puts on and zips own coat
- Takes off and puts on own shoes
- Manages backpack independently
- Demonstrates “healthy” habits such as wiping nose with a tissue, coughing into elbow, washing hands, eating a variety of food, etc.
- Exhibits self-help skills when dressing, cleaning up, eating, and using the bathroom
- Engages in gross motor play (running, jumping, climbing, riding a bike, etc)
- Manipulates small objects (puzzles, blocks, legos, etc)

Social and Emotional Development

- Demonstrates an awareness of self (likes, characteristics, position in family, strengths, feelings, etc)
- Develops positive relationships with adults and peers
- Identifies different emotions in themselves and others
- Regulates emotions with and without adult support (frustration, sadness, anger, etc)
- Take turns and shares materials and attention
- Demonstrates pro-social skills (helping, sharing, and comforting others)
- Understands and follows rules and routines
- Demonstrates flexibility (at times) and adaptability to change

Communication, Language, and Literacy

- Recognizes letters of the alphabet, both upper case and lower case (even out of order)
- Recognizes and writes some (or all!) letters in first name
- Identifies some beginning letter sounds
- Engages in simple rhyming activities
- Shows an interest in reading, holds a book, and turns pages independently
- Puts 3-4 pictures together to sequence a story
- Uses expressive language to share ideas, tell stories, ask questions, etc.
- Can recall and retell some events from a story or book

Cognition and Knowledge of the World

- Recognizes and names numerals 1-10 (even when out of order)
- Counts 10 objects, pointing to each object while counting
- Counts to 20
- Recognizes and names colors and basic shapes
- Identifies, creates, and completes simple patterns
- Demonstrates an understanding of position/direction concepts (up/down, under/over, etc.)
- Identifies differences/similarities of, compares, and sorts objects
- Uses a variety of objects in creative ways (paint, blocks, recycling materials, musical instruments, etc.)
- Asks questions to learn more about a variety of subjects (Who/What/When/Where/How questions)
- Uses senses to engage, explore, and learn about the world